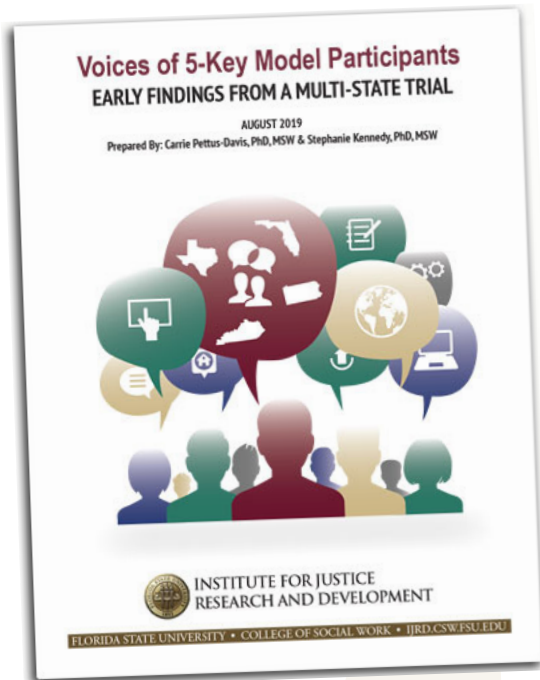


## KEY TAKEAWAYS FROM QR 4

### VOICES OF 5-KEY MODEL PARTICIPANTS



We made several observations about the participant interviews highlighted in our [fourth quarterly report](#).

- Being asked about opinions and perspectives on reentry and personal life experiences seemed to be a rare experience for study participants, leading to them sometimes struggling to answer the interview questions.
- Feeling the stigma of incarceration despite participants having served their time and making tremendous progress, was a very real, and disheartening experience for some participants.

Participants wanted to feel valued, loved, and needed which sometimes was described as unachievable in the face of stigma.

- Two of the participants discussed things they were able to achieve during incarceration and how planning for reentry was critical to their post-release success.
- Participants felt what was most beneficial from the 5-Key Model was the practical support and emotional guidance provided by the study practitioners. They also appreciated the goal setting, patience, and commitment of the practitioners. Participants appreciated the consistency of meetings with practitioners and their assistance with providing participants' a new outlook on life.
- When asked what community members could do to help those who have experienced incarceration to do well after release, participants said to provide a listening ear, offer a path, help to surround people with positive support, and to recognize that many people who have been to prison want to give back.



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