# The Opioid Crisis Among Individuals Who Have Experienced Incarceration In Pennsylvania

# TRENDS & POLICY RECOMMENDATIONS FOR POLICY STAKEHOLDERS

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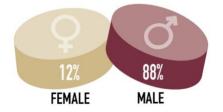
Despite incarceration history, in Pennsylvania, opioid overdose deaths have increased dramatically since 2015; 65% of drug overdose deaths in Pennsylvania involved opioids in 2018.



This brief provides early findings on opioid use among individuals with incarceration histories in Pennsylvania.<sup>1</sup>

# **Opioid use prior to incarceration**

IDENTIFIED GENDER OF OPIOID USERS 43% of study



participants in Pennsylvania had used opioids 3 or more times prior to their incarceration.

They were, on average, **22 years old** when they first used opioids – although the age of first use ranged from 10-45 years old.

SUPPORT GROUP

PSYCHOTHERAPY

**SELF-HELP PLAN** 

PEER SUPPORT

CASE MANAGEMENT

HOSPITALIZATION

MAT

INDIVIDUALS WHO REPORTED OPIOID USE



67%

58%

52%

52%

47%

42%

35%

74% reported that they needed help for substance use in their lifetime.

PERCENT OF OPIOID USERS BY RACE

**25%** BLACK

7% MULTI-RACIAL

2% OTHER

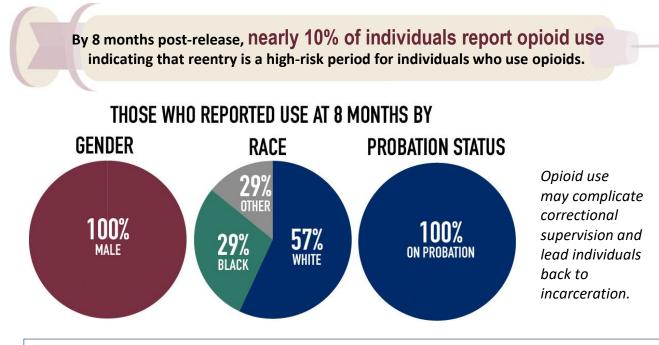
85% reported that they had received help for substance use in their lifetime.

Despite medication-assisted therapy (MAT) being identified as the gold standard for treating opioid disorders, few study participants reported receiving MAT.

<sup>&</sup>lt;sup>1</sup> How data were collected for the current analysis: We recruited 288 participants into the 5-Key Model for Reentry study from prisons in Pennsylvania. We conduct multiple interviews with participants, the first of which occurs during incarceration. Then we interview participants soon after they release from prison (48 hours to 3 weeks) and again at 4 months and 8 months post-release. You can learn more the overall 5-Key Model study methodology here, how the 5-Key Model was developed here, and access additional research reports here.

# **Opioid use after release from incarceration**

Within a few weeks of returning home from incarceration, no one reported having used opioids. However, that trend does not hold.



## **Policy Recommendations based on Evidence-Based Practices**

Following the Opioid Use Disorder Cascades of Care Model

#### SCREENING

- Screen for opioid use at entry into incarceration
- Screen for opioid use at exit from incarceration

### LINKAGE FOR PREVENTION OR TREATMENT

- Refer individuals who are using opioids to prevention resources
- Ensure treatment providers in correctional facilities can provide medication assisted treatment (MAT) to individuals who use opioids
- Ensure community providers have the capacity to provide MAT to individuals who use opioids with incarceration histories (regardless of probation status)

### INITIATION

- Provide prevention resources or MAT to individuals <u>during</u> incarceration
- Provide prevention resources or MAT to individuals <u>after</u> incarceration (regardless of probation status)

### RETENTION

- Train probation officers in motivation and retention strategies for those requiring prevention resources or who are in treatment for opioid use disorders
- Train prevention services and treatment providers on motivation and retention strategies for those with histories of incarceration despite probation status

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